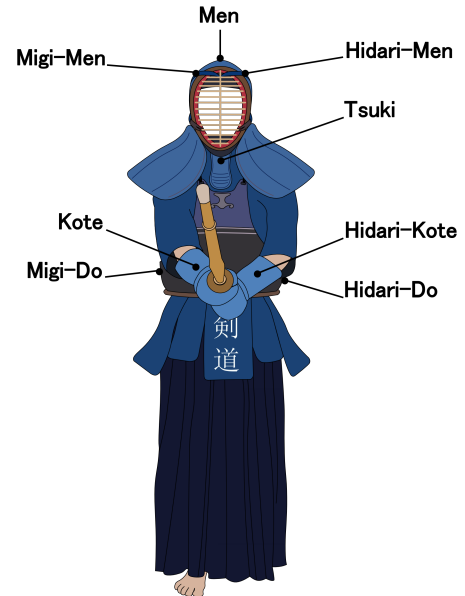



[Home](#) [What Is Kendo](#)
[Grades Kata](#) [Practice Schedule](#)
[Photos Terminology Links](#) [Contact Us](#)

KENDO TERMINOLOGY

TARGET POINTS

Center of Head	(Sho)Men
Right-side of Head	Migi-Men
Left-side of Head	Hidari-Men
Right wrist	Kote
Left wrist	Hidari-Kote
Right-side of Body	Migi-Do
Left-side of Body	Hidari-Do
Throat	Tsuki



ETIQUETTE

Bow
 Bow Facing Front
 Bow Facing Teacher
 Bow Towards Each Other
 Meditation
 Put on Helmet
 Take Off Helmet
 Draw Sword
 Replace Sword
 Remove Bamboo Sword
 To Begin
 To Stop
 Forward
 Back
 Left
 Right

Rei
 Shomen-Ni-Rei
 Senseigata-Ni-Rei
 Otagai-Ni-Rei
 Mokusou
 Men-tsuke
 Men-Tore
 Nuke-tou
 Osame-tou
 Shinai Tore
 Hajime
 Yame
 Mae
 Ato
 Hidari
 Mig

POSITIONS

Kneeling	Seiza
Formal Crouch	Sonkyo
Middle Guard Position	Chudan-No-Kamae
Upper Guard Position	Jodan-No-Kamae
Lower Guard Position	Gedan-No-Kamae
Face-level Guard Position	Hasso-No-Kamae
Reverse (lower) Guard Position	Waki-Gamae
Shinai's crossed in vertical position	Tsubazeriai

MISC

Strike	Uchi
Stepping back technique	Hiki-waza
Practice	Keiko
Jacket	Keiko-gi
Pants	Hakama
Scream/Fighting spirit voice or cry	Kiai
Follow-thru	Zanshin
Please	Onegaishimasu
Thank you	Arigato Gozaimasu

KATA

Japanese kendo forms	Nihon Kendo Kata
Teacher	Uchidachi
Student	Shidachi
Long sword	Bokken
Short sword	Kodachi
Practice sword with a blunt edge	Habiki

COUNTING

One	Ichi
Two	Ni
Three	San
Four	Shi
Five	FGo
Six	Roku
Seven	Shichi
Eight	Hachi
Nine	Kyu
Ten	Ju

GRADES

1-kyu	Ikkyu
1-dan	Sho-dan
2-dan	Ni-dan
3-dan	San-dan
4-dan	Yon-dan
5-dan	Go-dan
6-dan	Roku-dan
7-dan	Nana-dan
8-dan	Hachi-dan
9-dan	Kyu-dan
10-dan	Ju-dan

Kelowna Kendo Club

Kelowna, B.C. Canada

Email Address : smaug@hobbit.ca

URL: <http://www.KelownaKendo.com>

Revised -- Dec. 20, 2013